



HEALTH:

FITNESS & WELLNESS

SPIRIT OF SUCCESS

FITNESS & WELLNESS

- Pursue your interest in sport, recreation, health and/or fitness.
- Trainers, instructors, managers and programmers are needed to address the wellness needs of the general public or specific clients/populations.
- Successful students will be certified in First Aid and CPR, along with industry certification opportunities and college credit available.

CERTIFICATION OPPORTUNITIES:

18 years of age and a High School Graduate, Fitness Instructor and Personal Trainer Certification.

HIGH SCHOOL CREDIT:

1st year – 1 Science, 1 Technology, 1 Elective

2nd year – 3 Elective

COLLEGE PARTNERS/CREDITS EARNED:

Columbus State Community College: Up to 6 Semester Hours

POSSIBLE CAREER PATHS:

Exercise Specialist

Personal Trainer

Sports Medicine

Physical Therapy



This class is offered at
Ft. Hayes Career Center
546 Jack Gibbs Blvd.
Columbus, OH 43215
(614) 365-3008

